

Embrace real learning 2016

University of Kochi

Faculty of Cultural Studies/Faculty of Nursing/
Faculty of Social Welfare/Faculty of Nutrition

A message from the President

Originally Kochi Women's University, an institution that began a long, proud history of education for women upon obtaining its official charter in 1949, University of Kochi adopted a coeducational framework under the operational direction of Kochi Prefectural Public University Corporation in 2011 and conferred degrees on its first coeducational class of graduates in March 2015. Over the years, the University has educated over 10,000 graduates in its vision of contributing to peace, developing culture, and promoting welfare through a tradition that esteems learning and an emphasis on training consummate professionals.

The Eikokuji Campus is home to Faculty of Cultural Studies and the Community Center for the Advancement of Education and Research, while the Ike Campus is where students in Faculty of Nursing, Faculty of Social Welfare, and Faculty of Nutrition pursue their academic goals. Boasting a convenient location in central Kochi City and a magnificent view of Kochi Castle, the recently redeveloped Eikokuji Campus will begin holding classes in its new buildings in April 2015 and set off on the path toward establishing a "Center of Community" for the people of Kochi Prefecture. Faculty of Cultural Studies now has an expanded total enrollment capacity of 150 and reserves 30 slots for students in the Evening Course, which allows students to work during the day and take most of their classes at night.

The three Faculties at the Ike Campus, meanwhile, are collaborating with the nearby Kochi Health Sciences Center to make the Campus a "center of professional training" that stresses practical education. The University has also established the Wellness and Longevity Center, which works to help community residents live long, healthy lives by providing learners with deeper professional knowledge and enhancing their skills.

Beginning this academic year, the University will implement a practical learning program that encourages students from every Faculty to connect with the community and learn together with the rest of society in hopes of promoting the fruitful coexistence of community and academia. By helping students gain a clearer appreciation for the real issues that local residents deal with, this initiative will cultivate human resources who can make a difference in revitalizing and energizing their communities.

In 2014, the University also began offering entrance examinations for non-traditional students in order to give working adults more opportunities to embrace their academic interests again, learn at deeper levels, and earn degrees. University of Kochi also partners with universities abroad to foster lively cross-cultural interaction and bring larger numbers of international students to campus, efforts that continue to give University students more opportunities to experience international exchange as the age of globalization evolves. Sharing a learning environment with a diverse population, one that includes a wide range of non-traditional students and international students, helps students enhance the quality of their education, expand the scope of their studies, and nourish their personal development.

As a "developed prefecture facing new problems," Kochi Prefecture is making concerted, prefecture-wide efforts to overcome a host of challenges—from its aging society and falling birthrate to the possibility of a Nankai Trough earthquake—and formulate a plan for ensuring a bright future. The students and faculty at University of Kochi together represent a "university for the prefectural community," building around the Community Center for the Advancement of Education and Research and Wellness and Longevity Center to make an important difference in the surrounding community.

We at University of Kochi believe that people with the skills to apply a future-minded approach in local settings can also flourish in the global arena.

University of Kochi is a wonderful place to embark on your journey to fulfillment. The entire teaching staff and I look forward to welcoming you into our community.

Hiroko Minami
President of University of Kochi



Faculties and departments

Obtaining degrees, licenses, and qualifications

* A student who completes at least four years of study at the University and earns the required credits receives a diploma and obtains a bachelor's degree in accordance with the following table.

* A student who completes a master's program obtains a master's degree, while a student who completes a doctoral program obtains a PhD.

* Under the provisions of the Education Personnel Certification Law, etc., a student who earns the required credits may acquire the qualifications to apply for a teacher's license in accordance with the following table.

University of Kochi Total undergraduate enrollment capacity: 340

Faculty/department/major	Enrollment capacity	Degree	Teacher's license type (subject)	Other licenses and qualifications	Eligibility for examinations
Faculty of Cultural Studies (Department of Cultural Studies) Literary Studies Cultural Development Language Communication	Total: 150 (Evening Course: 30)	Bachelor's (in Cultural Studies)	Junior High School Teacher's License, Type 1 (Japanese) High School Teacher's License, Type 1 (Japanese) Junior High School Teacher's License, Type 1 (English) High School Teacher's License, Type 1 (English)	Japanese Language Instructor License	
Faculty of Nursing (Department of Nursing)	Total: 80	Bachelor's (in Nursing)	Nursing Teacher's License, Type 1	Hygiene Administrator's License, Type 1	Public Health Nurse Nurse Midwife
Faculty of Social Welfare (Department of Social Welfare)	Total: 70	Bachelor's (in Social Welfare)			Social Worker Psychiatric Social Worker Certified Care Worker
Faculty of Nutrition (Department of Nutrition)	Total: 40	Bachelor's (in Nutrition)	Junior High School Teacher's License, Type 1 (Home Economics) High School Teacher's License, Type 1 (Home Economics) Nutrition Teacher's License, Type 1	Dietitian	Nationally Registered Dietitian

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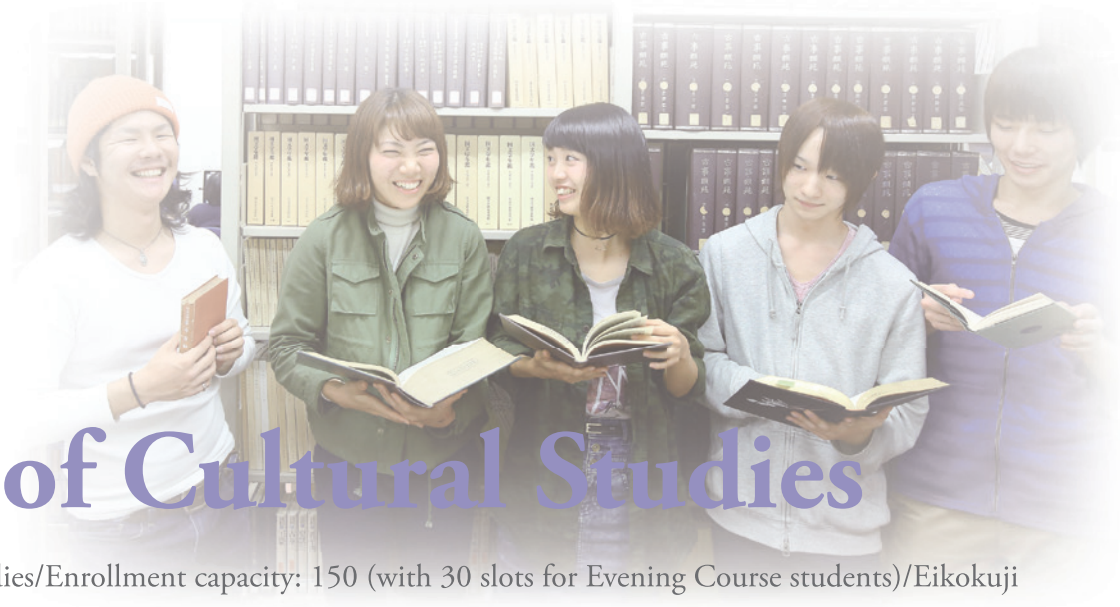
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University of Kochi Graduate School Total graduate enrollment capacity: 41

School	Major (program)	Course	Enrollment capacity (Course capacity)	Degree	Teacher's license type (subject)
Graduate School of Nursing	Nursing Major (Master's program)		15	Master of Nursing	Nursing Teacher's Specialization License High School Teacher's Specialization License (Nursing)
	Nursing Major (Doctoral program)		3	Doctor of Philosophy in Nursing	
	Cooperative Doctoral Program for Disaster Nursing		2	Doctor of Philosophy in Nursing (Disaster Nursing Global Leader)	
Graduate School of Human Life Science	Human Life Science Major (Master's program)	English-Focused Education Course Nutrition-Focused Education Course	18 (6) (2)	Master of Human Life Science Master of Social Welfare Master of Arts	Junior High School Teacher's Specialization License (English) High School Teacher's Specialization License (English) Nutrition Teacher's Specialization License
	Human Life Science Major (Doctoral program)		3	Doctor of philosophy in Human Life Science Doctor of philosophy in Social Welfare Doctor of philosophy	
	Graduate School of Human Health Science	* No longer accepting applications			

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Faculty of Cultural Studies

Department of Cultural Studies/Enrollment capacity: 150 (with 30 slots for Evening Course students)/Eikokuji Campus

Helping students cultivate a unique perspective on the world through diverse conceptual and practical explorations of human culture and society

With its recent expansion, Faculty of Cultural Studies now gives students more opportunities than ever to encounter and connect with a wide array of academic disciplines—from literature and languages to the fields of regional studies, tourism, and law.

This ongoing growth has also fueled substantial increases in the Faculty’s yearly capacity of enrolled students, who have commenced their studies at the new Eikokuji Campus—an environment that the University has envisioned as a thriving “Center of Community.”

By offering an Evening Course and holding entrance examinations for non-traditional students, the Faculty is also opening the doors of learning wider than ever before.

In Faculty of Cultural Studies, students engage constantly with the written word to probe concepts at deeper levels, develop critical thinking skills, and enjoy a wide variety of opportunities to apply their learning in the real world.

Through a curriculum that combines intellectual rigor with practical application, students approach culture from different angles in acquiring the brand of knowledge and scholarship that the age of globalization demands.

Our graduates

- Can independently deepen their understanding of people and the world around them
- Cultivate the sense of communality and morality integral to being a member of society
- Develop the ability to accept and sustain the world’s diverse mix of cultures and humanity’s universal wisdom from an understanding, sensitive perspective
- Gain an international mindset for thriving in the age of globalization
- Can make valuable, future-oriented contributions toward creating a rich, convivial society



Faculty of Nursing

Department of Nursing/Enrollment capacity: 80/Ike Campus

Weaving the spirit of tradition into the rich, ever-evolving
tapestry of nursing

University of Kochi's Faculty of Nursing (formerly the Nursing Course in the Kochi Women's University Department of Home Economics) is a four-year university course that dates all the way back to 1952, making it the oldest nursing education program in the country.

Through an educational approach that draws on a storied history and rich tradition, the Faculty has produced generations of high-caliber nursing professionals who continue to make a difference across Japan. In Faculty of Nursing, the focus is on scientific evidence-based scholarship, hands-on learning, and practical experience that prepare students for the field. Under the careful, thorough guidance of a teaching staff with extensive experience in the nursing profession, Faculty of Nursing students not only learn the concepts and techniques of nursing but also engage in research projects geared toward establishing new nursing practices for the future.

Through its close ties with the master's and doctoral programs at University of Kochi Graduate School of Nursing, the Faculty also offers a learning environment that facilitates further study.



Our graduates

- Provide nursing care with respect for the different ways that people live and the diverse values that people hold
- Utilize their expertise, technical capabilities, and capacities for scientific and logical reasoning in applying their nursing skills
- Anticipate the needs of society and work with members of other professions to address social issues
- Take a professional approach toward promoting healthier lifestyles in communities
- Promote the interdisciplinary development of nursing science from a global standpoint



Faculty of Social Welfare

Department of Social Welfare/Enrollment capacity: 70/Ike Campus

Small class sizes help students develop a stronger sense of humanity in the only academic program at a public university in western Japan to prepare students for the three main types of welfare worker certification

University of Kochi established Faculty of Social Welfare in 1998 to develop human resources with the abilities necessary to solving welfare-related issues in modern society.

The Faculty represents the only program at a public university in western Japan to qualify students for national registered examinations in the three main types of welfare worker certification: social welfare, mental health welfare, and certified care.

In order to address to the diverse mix of welfare-related issues that people in modern society confront, the Faculty focuses its education on giving students the consulting and support skills they need to become professionals in the realm of social welfare.

After gaining a fundamental understanding of social welfare and acquiring a solid knowledge of the field, students in the Faculty complete exercises and training in small-group settings to hone their skills in identifying and solving problems.

The Faculty also emphasizes community contribution activities and provides students with opportunities to engage in initiatives unique to the discipline of social welfare.



Our graduates

Have the ability to respond to the welfare-related issues that families and communities face

Can put their social welfare skills into practice

Work to forge effective connections among health, medicine, and welfare as social welfare specialists



Faculty of Nutrition

Department of Nutrition/Enrollment capacity: 40/Ike Campus

Perceiving modern-day society through the perspective of food, understanding how the human body functions, and exploring the world of healthy food and healthy lifestyle

Faculty of Nutrition—guides students along the path to becoming nationally registered dietitians. By delving into modern society's health-related issues through explorations of the surrounding social and economic environments, students in Faculty of Nutrition learn how to form their own arguments from multiple perspectives.

In addition to giving students the knowledge of dietary habits and nutrition that they need to become experts on food, which forms the basis of human health, the Faculty also helps students cultivate the application-oriented mentality for growing as professionals capable of flourishing in a wide variety of fields. The Faculty's focus on small class sizes helps create close, rewarding relationships between students and teachers and creates an environment conducive to thorough, far-reaching study.



Our graduates

Gain insight into the nature of humanity, health, and the environment, delve into the study of food, which represents the source of all life, and work in a wide variety of fields to help people live healthy lives

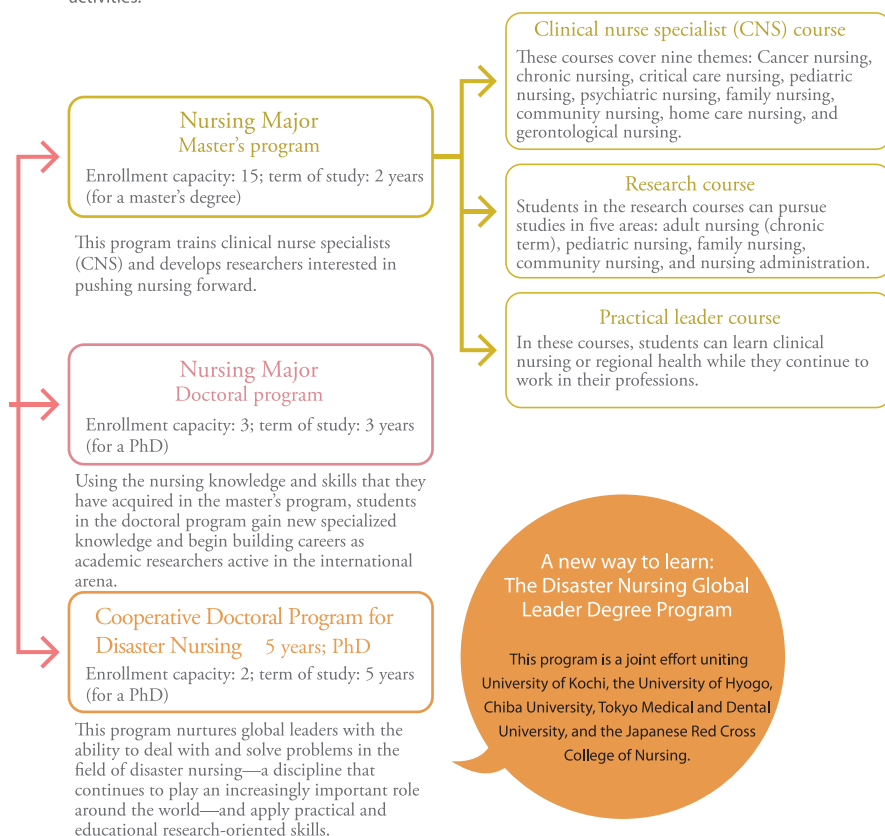
Look at things from a broad perspective, think critically about what they see, and take the initiative to create new value

Graduate School

University of Kochi Graduate School is home to the Graduate School of Nursing and the Graduate School of Human Life Science, both of which have master's and doctoral programs. As the need for effective nursing in emergency situations continues to grow, the University also established a five-year, integrated cooperative doctoral program for disaster nursing in 2014. Focused on training professionals with a thorough intellectual and technical command of their respective areas and nurturing researchers capable of finding solutions to issues that affect healthy lifestyles, the Graduate School works with facilities and institutions in Japan and around the world to provide students with an education that prioritizes practical applications and an environment that enriches research activities.

Graduate School of Nursing

Always emphasizing respect for all human life, Graduate School of Nursing develops nursing professionals who can impart their thorough knowledge in a wide range of fields, bolster the academic foundation of the nursing discipline, and help revolutionize the nursing world through high-level education, research, and practical skills.



Hitomi Kamiya
Master's program in Nursing at the Graduate School of Nursing

Enrolled in April 2014

Understanding my nursing tendencies and figuring out what I need to do better

Over the course of my clinical experience, I started to wonder about how nurses examine patients, assess their needs, and solve problems. That's why I'm currently researching the clinical judgment practices of expert nurses in critical care settings.

In the Graduate School, I learn how to apply the specialized knowledge that I've gained from theoretical discussions and previous studies. Being in the Graduate School also gives me precious time to understand my nursing tendencies and figure out what I need to do better. I'm looking forward to using what I learn to provide the best possible nursing care to the patients and families I'll be helping in the future.



Sachiko Hirono
Doctoral program in Nursing at the Graduate School of Nursing

Enrolled in April 2014

What moving on to graduate studies means to me

Although my experiences in clinical, community, and educational nursing after college gave me a lot of opportunities to apply my skills in a wide array of applications, I couldn't figure out what I needed to do more of or what would be the most effective way of using my abilities. Then along came an opportunity to study nursing in a doctoral program at my alma mater—so I took it.

As nursing patients continue to grow more and more diverse, the time I spend in my program hearing what nursing professionals—including my fellow students—have to say, studying in the library, and experiencing everything else that comes along with my studies is going to be a major asset for my future.



Megumi Nishigawa
Miho Morosawa

Cooperative Doctoral Program for Disaster Nursing at the Graduate School of Nursing

Enrolled in April 2014

Working to become global leaders in disaster nursing

Nishigawa: After I completed my undergraduate degree, I started to learn about acute-phase medical care and eventually decided to pursue further studies in a graduate setting. University of Kochi Graduate School emphasizes connections with the community and does a lot of work on major earthquakes in the Nankai Trough, so it's a great place for me to learn about the optimal responses to what goes on in disaster nursing and develop the skills to solve problems.

Morosawa: My experiences with nursing in developing countries and helping out with the disaster relief efforts in Fukushima got me interested in disaster nursing—an enthusiasm that led me to become a graduate student at University of Kochi. My classmates come from a wide range of undergraduate programs and backgrounds, which makes every day a really stimulating experience. After I graduate, I'm hoping to serve others around the world in a variety of capacities as a disaster nursing specialist.



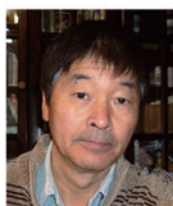
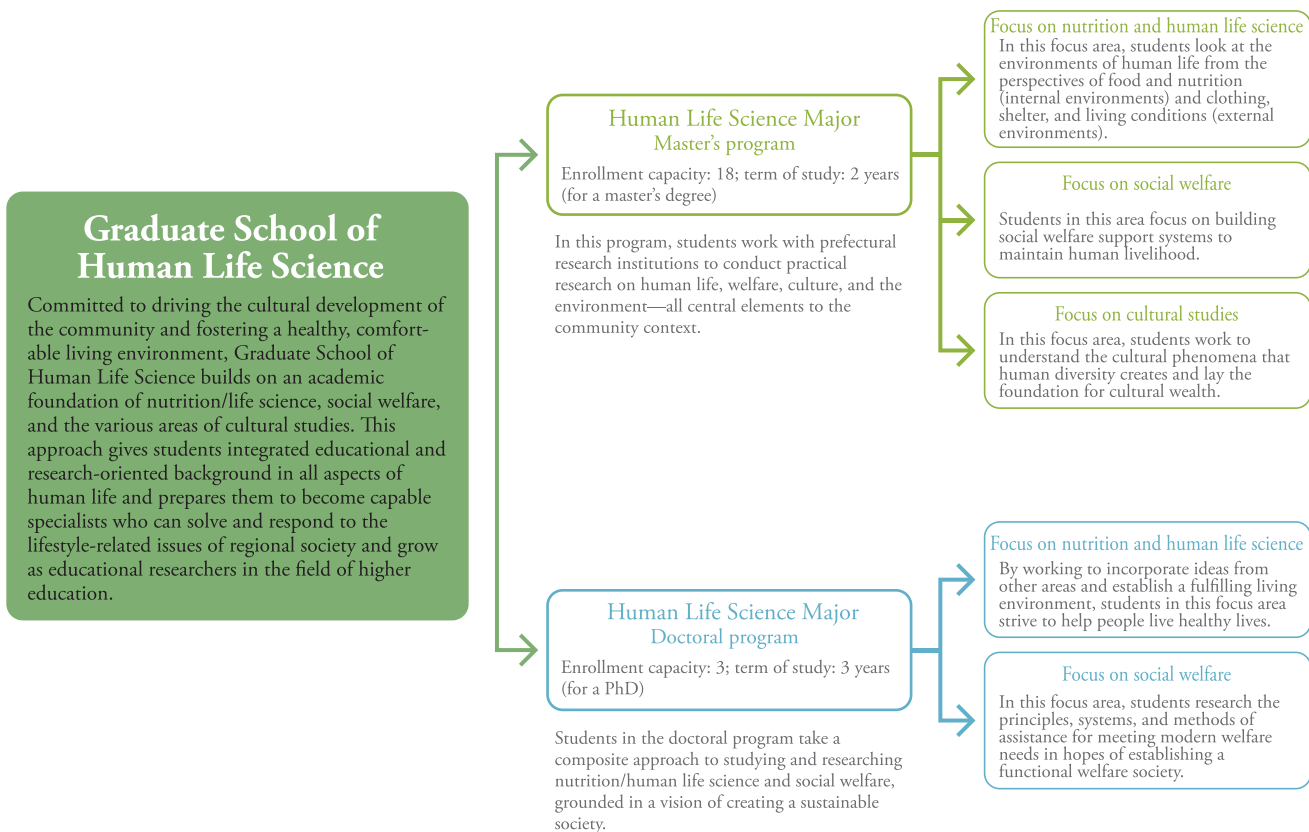
Sae Yamamoto
Nursing educator

Aki Junior High School
Master's program in Nursing at the Graduate School of Nursing
Graduated in March 2015 with a master's degree in Nursing

Working in education, I want to deal with children and families on their level

I started to have doubts about how well I was applying my skills as an educator and gradually came to the realization of how important it is to look at children's health from a social, lifestyle-oriented perspective. I needed to be able to support children's families on an equal, person-to-person basis, so I decided to go back to school and learn how. As I studied in the Graduate School, I was always amazed at how my whole world would change when theory and practice came together. It was hard balancing my work and school responsibilities, but the two years I spent at University of Kochi were integral in helping me reflect on myself. Nursing is my identity—and I know that nursing represents the core of my educational approach. Standing firm in that conviction, I'm looking forward to guiding children along the path of mental and physical growth.

If you want to know more and delve deeper, University of Kochi has the instructors to guide you along your journey and the environment to liberate your learning.



Kunihiro Yoshioka
Master's program in Human Life Science at the Graduate School of Human Life Science
Enrolled in April 2013

As I prepared for retirement, I knew that I wanted to research traditional kagura music in a graduate setting and help preserve an important traditional art form

I'm a traditional kagura music performer in my community. As I was preparing to retire in March 2014, I decided to use the free time that I'd soon be having to take another look at what I do and maybe turn it into some interesting research. University of Kochi Graduate School has an extended registration system and lets working people sit for lectures, so I knew it was the place for me to enroll. I'm excited to use the things I learn in my graduate program to add a new dimension to my kagura music pursuits.



Yasufumi Kouchi
Doctoral program in Human Life Science at the Graduate School of Human Life Science
Enrolled in April 2014

A Graduate School that forges bonds between research and practical application

I teach at a school for aspiring certified care workers. As a student in the Graduate School, I focus my research on the concepts behind human resource development for long-term care. "Graduate school" and "research" might sound pretty stiff and formal, but talking with my professors and fellow students has shown me that the graduate school environment actually makes it possible to see things more flexibly and freely—and that perspective goes into teaching practice. As I keep incorporating my research findings into my work, my main goal is to help develop high-quality welfare specialists. University of Kochi Graduate School does so much to make sure that non-traditional students like me can learn comfortably and easily.



Michiyo Tsuneishi
Nutrition educator
Takasu Elementary School
Master's program at the Graduate School of Human Life Science
Graduated in September 2012 with a master's degree(Arts)

Experiencing the joys and challenges of going back to basics and diving headlong into learning

I enrolled in the Graduate School when I was making the transition from being a school dietician to being a nutrition educator. Nutrition educators play a core role in getting schools to serve healthy, well-balanced meals. As I moved back into studying the fundamental concepts of nutritional care, my professors helped me do lots of research on nutritional assessments of school lunches. My time at the Graduate School gave me the abilities to identify issues in the present state of the field, analyze problems, and make effective presentations—all of which are making me a better educator. Moving forward, I'm hoping to promote the use of local products and meet diversifying needs in one-on-one counseling settings. Don't give yourself the impression that graduate school is beyond what you can do—just give it a try. You'll be amazed at all the doors it opens up for you.

Embrace real learning!
 Knowing the world means knowing how Japan fits into the global context.
 Take the first step in becoming a global citizen, ready to thrive in the world of tomorrow.

International exchange

In order to develop human resources who understand other cultures, see the world from a global standpoint, and utilize a refined international way of thinking, University of Kochi makes international exchange an important part of its educational approach. The University has international exchange agreements with eight universities around the world, creating a mutually beneficial study abroad framework with our partner institutions.

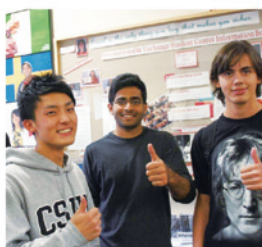
International students take regular classes, get hands-on experience in various programs, and encounter the natural world around them. The University also opens these programs and activities to regular students, driving interpersonal and international exchange.

International exchange partner universities

University	Partners since	Available slots	
Elms College	United States	October 1998	1 year; 1 student / Short-term program; 10 student
Tourism Institute of Beijing Union University	China	November 2006	1 year; 2 students
Wenzao Ursuline University of Languages	Taiwan	January 2007	1 year; 2 students
California State University, Northridge (CSUN)	United States	July 2008	1 year; small number of students
Ca'Foscari University of Venice	Italy	December 2011	3 months; 5-10 students
University of California, San Francisco (UCSF)	United States	March 2012	Academic exchange
Universiti Malaysia Sabah	Malaysia	November 2012	3 months; 1-6 students
Universitas Gadjah Mada	Indonesia	November 2013	Academic cultural exchange



I went abroad!



Shinsuke Nakayama
 Fourth-year student in the Faculty of Cultural Studies

Study abroad: California State University, Northridge (CSUN), United States
 September 2013–July 2014

My year in California State University Northridge

I have learned a great deal from studying Political Science at California State University Northridge (CSUN). I particularly focused on world politics and the roles of international organizations in my Political Science classes. One of my classes required me to analyze why and how wars, conflicts, and other issues occur in the modern world order, which was quite challenging for me. At the same time, it gave me an opportunity to realize how little I knew about what was really happening in the world, and made me look at the world from a different angle. I believe I was able to come closer to being a globally minded person in a true sense throughout my year in California. Therefore, my experience at CSUN is undoubtedly invaluable in that it totally changed my outlook on the world.



The Community Center for the Advancement of Education and Research

Our principles and goals

The Community Center for the Advancement of Education and Research was created to join forces with local residents in helping the community cultivate, communicate, and create knowledge. Comprising the General Education Committee, Lifelong Learning Committee, Career Support Committee, Industry-Government-Academia Research Committee, and Community Issue Research Committee, the Center aims to give the community resources for lifelong learning, drive the development of community-based career education, and encourage members of the industrial, government, and academic sectors to engage in joint research.



Yasuharu Kiyohara Center Director

A vital force in linking the community and the University, the Community Center for the Advancement of Education and Research strives to make valuable contributions to various community activities.

The Center's five committees

General Education Committee

The General Education Committee plans and runs programs for liberal arts education and teacher-training courses on a school-wide basis in order to improve the educational quality that University of Kochi offers.

Lifelong Learning Committee

The Lifelong Learning Committee develops projects for helping community residents deepen their knowledge and engages in other activities aimed at improving education in the area.

Career Support Committee

The Career Support Committee enhances career education and job-placement support for students and helps residents of Kochi Prefecture develop their careers.

Industry-Government-Academia Research Committee

The Industry-Government-Academia Research Committee supports the research activities of local residents and promotes collaborative studies linking members of the industrial, government, and academic spheres.

Community Issue Research Committee

The Community Issue Research Committee works with local governmental agencies and civic support organizations to drive research on solutions to community issues.

The Wellness and Longevity Center

Our principles and goals

The Wellness and Longevity Center acts as a task force for making Kochi Prefecture the healthiest, longest-living prefecture in the country. Determined to build a society where people have the ability to create healthy lifestyles on their own initiative, we collaborate with the Kochi Health Sciences Center, other medical institutions, Tosa City, and other municipal governments in the prefecture on a variety of projects.



Mitsunori Ikeda Center Director

Working with relevant departments and offices throughout the University, we strive to promote health and longevity in the community and help health professionals hone their skills. We hope that we can contribute in making Kochi Prefecture the model for health and longevity in Japan by pursuing research, training, and policies on wellness and longevity from our offices on the Ike Campus.

What we do

Health welfare awareness programs

Professional development programs

Professional skills development programs (joint efforts with the Kochi Health Sciences Center)

Community-based programs for promoting wellness and longevity



The Tosakko medical checkup zone



Participants at an interactive seminar



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