

Embrace real learning 2017

University of Kochi

Faculty of Cultural Studies/Faculty of Nursing/
Faculty of Social Welfare/Faculty of Nutrition

A message from the President

The University of Kochi, which evolved out of its origins in Kochi Women's Prefectural Medical College and later Kochi Women's University (which obtained its official charter in 1949), provided higher education to women for 70 years. Having overcome the challenges of changing trends and university reforms, the University embarked on a new mission by adopting a coeducational framework under the management of Kochi Prefectural Public University Corporation in 2011, awarding diplomas to its first male graduates in March 2015.

The University of Kochi has educated over 11,000 graduates in its vision of contributing to peace, developing culture, and promoting welfare through the development of highly capable professionals, and a focus on practical sciences. Our graduates are active throughout Japan and around the world.

The University of Kochi has two campuses: the Ike Campus and the Eikokuji Campus.

The Ike Campus is home to the Faculties of Nursing, Social Welfare, and Nutrition as well as the Graduate Schools of Nursing and Human Life Sciences. The Ike Campus is collaborating across a far-reaching scope with the nearby Kochi Health Sciences Center to make the Campus a "center of professional training" that stresses practical education. Another feature of the Ike Campus is the Wellness and Longevity Center, which promotes research geared toward helping community residents live long, healthy lives and sponsors training programs for giving professionals stronger knowledge and skills in their fields.

The Eikokuji Campus, meanwhile, is home to the Faculty of Cultural Studies, a program with a total enrollment capacity of 150 students and an Evening Course (with 30 available slots) that lets students work during the day and take most of their classes at night. Boasting a convenient location in central Kochi City, a magnificent view of Kochi Castle, and a brand-new Education and Research Building, the Faculty of Cultural Studies provides students with an optimal learning environment. The Eikokuji Campus also features the Community Center for the Advancement of Education and Research; this is a thriving "Center of Community" that engages in lifelong learning activities, career guidance, research on community issues, industry-government-academia collaboration, and other initiatives for the people of Kochi Prefecture. The University of Kochi also makes school-wide efforts to help students at both campuses get involved in the community.

Since the 2015 academic year, the University has implemented a practical education and learning program that encourages students from every Faculty to connect with the community and learn together with the rest of society, in hopes of promoting the fruitful coexistence of community and academia. By helping students gain a clearer appreciation of the real issues that local residents deal with, this initiative aims to cultivate human resources who can make a difference in revitalizing and energizing their communities. In 2014, the University also began offering entrance examinations for non-traditional students in order to give working adults more opportunities to embrace their academic interests again, learn at a deeper level, and earn degrees. The University of Kochi also partners with universities abroad to foster lively cross-cultural interaction and to bring larger numbers of international students to campus, efforts that continue to give University students more opportunities to experience international exchange as the age of globalization evolves. Sharing a learning environment with a diverse population, one that includes a wide range of non-traditional students and international students, helps students enhance the quality of their education, expand the scope of their studies, and nourish their personal development.

As a "prefecture at the leading edge of facing new problems," Kochi Prefecture is making concerted, prefecture-wide efforts to overcome a host of challenges—from its aging society and falling birthrate to the occurrence of the next Nankai Trough Earthquake—and formulate a plan for ensuring a bright future. The students and faculty at the University of Kochi work together to embody the ideal of a "university for the prefectural community." We at the University of Kochi believe that people with the skills to apply a future-minded approach in a local setting can also flourish in the global arena.

The path to your dreams begins with a single step. We hope you take that step at the University of Kochi.

Hiroko Minami
President of University of Kochi



Faculties and departments

Obtaining degrees, licenses, and qualifications

* A student who completes at least four years of study at the University and earns the required credits obtains a Bachelor's degree, as detailed in the following table.

* A student who completes a master's program obtains a master's degree, while a student who completes a doctoral program obtains a PhD.

* Under the provisions of the Education Personnel Certification Law, etc., a student who earns the required credits may acquire the qualifications to apply for a teacher's license in accordance with the following table.

University of Kochi Total undergraduate enrollment capacity: 340

Faculty/Department	Enrollment capacity	Degree	Teacher's license type (subject)	Other licenses and qualifications	Eligibility for examinations
Faculty of Cultural Studies (Department of Cultural Studies)	Total: 150 (Evening Course: 30)	Bachelor's (in Cultural Studies)	Junior High School Teacher's License, Type 1 (Japanese) High School Teacher's License, Type 1 (Japanese) Junior High School Teacher's License, Type 1 (English) High School Teacher's License, Type 1 (English) (Not including the Evening Course)		
Faculty of Nursing (Department of Nursing)	Total: 80	Bachelor's (in Nursing)	Nursing Teacher's License, Type 1	Hygiene Administrator's License, Type 1	Public Health Nurse Nurse Midwife
Faculty of Social Welfare (Department of Social Welfare)	Total: 70	Bachelor's (in Social Welfare)			Social Worker Psychiatric Social Worker Certified Care Worker
Faculty of Nutrition (Department of Nutrition)	Total: 40	Bachelor's (in Nutrition)	Nutrition Teacher's License, Type 1	Dietitian	Nationally Registered Dietitian

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University of Kochi Graduate School Total graduate enrollment capacity: 41

School	Major (program)	Course	Enrollment capacity (Course capacity)	Degree	Teacher's license type (subject)
Graduate School of Nursing	Nursing Major (Master's program)		15	Master of Nursing	Nursing Teacher's Specialization License High School Teacher's Specialization License (Nursing)
	Nursing Major (Doctoral program)		3	Doctor of Philosophy in Nursing	
	Cooperative Doctoral Program for Disaster Nursing		2	Doctor of Philosophy in Nursing (Disaster Nursing Global Leader)	
Graduate School of Human Life Sciences	Human Life Science Major (Master's program)	English-Focused Education Course Nutrition-Focused Education Course	18 (6) (2)	Master of Human Life Science Master of Social Welfare Master of Arts	Junior High School Teacher's Specialization License (English) High School Teacher's Specialization License (English) Nutrition Teacher's Specialization License
	Human Life Science Major (Doctoral program)		3	Doctor of Philosophy in Human Life Science Doctor of Philosophy in Social Welfare Doctor of Philosophy	

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Faculty of Cultural Studies

Department of Cultural Studies/Enrollment capacity: 150 (with 30 slots for Evening Course students)/Eikokuji Campus

Helping students cultivate a unique perspective on the world through diverse conceptual and practical explorations of human culture and society

In addition to providing students with education in literature and languages, which have been a part of the Faculty ever since its inception, the Faculty of Cultural Studies offers opportunities to encounter and connect with a wide array of other academic disciplines—from regional studies to tourism and law.

This ongoing growth has also fueled substantial increases in the Faculty's yearly capacity of enrolled students, who commence their studies at the new Eikokuji Campus—an environment that the University has envisioned as a thriving “Center of Community.”

The Faculty is also opening the doors of learning wider than ever before by offering an Evening Course, which gives students the ability to work while they pursue their studies, and holding entrance examinations for non-traditional students.

In the Faculty of Cultural Studies, students engage constantly with the written word to probe concepts at deeper levels, develop critical thinking skills, so as to enjoy a wide variety of opportunities to apply their learning in the real world.

Through a curriculum that combines intellectual rigor with practical application, students approach culture from different angles in acquiring the types of knowledge and scholarship that the age of globalization demands.

Our graduates

Developing basic academic skills for adapting to work in any field

Cultivating the type of truly well-rounded, open-minded character that the development of a cohesive society depends on

Acquiring the basic professional skills necessary for solving problems independently

Gaining a deeper understanding of humanity, sensitivity to the world around us, and a dynamic capacity for thought

Developing advanced language communication capabilities

Developing a stronger sense of initiative to help create culture in the community



Faculty of Nursing

Department of Nursing/Enrollment capacity: 80/Ike Campus

Weaving the spirit of tradition into the rich, ever-evolving
tapestry of nursing

The University of Kochi's Faculty of Nursing teaches a four-year university course. The Faculty dates all the way back to 1952, making the course the longest-running nursing education program in the country. Through an educational approach that draws on a storied history and rich tradition, the Faculty has produced generations of high-caliber nursing professionals who continue to make a difference across Japan. In Faculty of Nursing, the focus is on scientific, evidence-based scholarship, hands-on learning, and practical experience that prepare students for the field. Under the careful, thorough guidance of a teaching staff with extensive experience in the nursing profession, Faculty of Nursing students not only learn the concepts and techniques of nursing but also engage in research projects geared toward establishing new nursing practices for the future.

Thanks to its close ties with the Graduate School of Nursing, which features programs in Nursing (Master's and Doctoral) and a Cooperative Doctoral Program in Disaster Nursing (Doctoral), the Faculty boasts a distinguished faculty and an environment that fosters ongoing, long-term learning.

Our graduates

- Provide nursing care with respect for the different ways that people live and the diverse values that people hold
- Utilize their expertise, technical capabilities, and capacities for scientific and logical reasoning in applying their nursing skills
- Anticipate the needs of society and work with members of other professions to address social issues
- Take a professional approach toward promoting healthier lifestyles in communities
- Promote the interdisciplinary development of nursing science from a global standpoint



Faculty of Social Welfare

Department of Social Welfare/Enrollment capacity: 70/Ike Campus

Small class sizes help students develop a stronger sense of humanity in the only academic program at a public university in western Japan to prepare students for the three main types of welfare worker certification

The University of Kochi established the Faculty of Social Welfare in 1998 to develop human resources with the abilities necessary to solving welfare-related issues in modern society.

The Faculty represents the only program at a public university in western Japan to qualify students for national registered examinations in the three main types of welfare worker certification: social welfare, mental health welfare, and certified care.

In order to address to the diverse mix of welfare-related issues that people in modern society confront, the Faculty focuses its education on giving students the consulting and support skills they need to become professionals in the realm of social welfare.

After gaining a fundamental understanding of social welfare and acquiring a solid knowledge of the field, students in the Faculty complete exercises and training in small-group settings to hone their skills in identifying and solving problems.

The Faculty also emphasizes community contribution activities and provides students with opportunities to engage in initiatives unique to the discipline of social welfare.

Our graduates

Have the ability to respond to the welfare-related issues that families and communities face

Can put their social welfare skills into practice

Work to forge effective connections among health, medicine, and welfare as social welfare specialists



Faculty of Nutrition

Department of Nutrition/Enrollment capacity: 40/Ike Campus

Perceiving modern-day society through the perspective of food,
understanding how the human body functions,
and exploring the world of healthy food and healthy lifestyle

The Faculty of Nutrition guides students along the path to becoming nationally registered dietitians. By delving into modern society's health-related issues through explorations of the surrounding social and economic environments, students in the Faculty of Nutrition learn how to form their own arguments from multiple perspectives.

In addition to giving students the knowledge of dietary habits and nutrition that they need to become experts on food, which forms the basis of human health, the Faculty also helps students cultivate the application-oriented mentality for growing as professionals capable of flourishing in a wide variety of fields. The Faculty's focus on small class sizes helps create close, rewarding relationships between students and teachers and creates an environment conducive to thorough, far-reaching study.

Our graduates

Gain insight into the nature of humanity, health, and the environment, delve into the study of food, which represents the source of all life, and work in a wide variety of fields to help people live healthy lives

Look at things from a broad perspective, think critically about what they see, and take the initiative to create new value

Graduate School

The University of Kochi Graduate School is home to the Graduate School of Nursing and the Graduate School of Human Life Sciences, both of which have master's and doctoral programs. As the need for effective nursing in emergency situations continues to grow, the University also established a five-year, integrated cooperative doctoral program for disaster nursing in 2014. Focused on training professionals with a thorough intellectual and technical command of their respective areas and nurturing researchers capable of finding solutions to issues that affect healthy lifestyles, the Graduate School works with facilities and institutions in Japan and around the world to provide students with an education that prioritizes practical applications and an environment that enriches research activities.

Graduate School of Nursing

Always emphasizing respect for all human life, the Graduate School of Nursing develops nursing professionals who can impart their thorough knowledge in a wide range of fields, bolster the academic foundation of the nursing discipline, and help revolutionize the nursing world through high-level education, research, and practical skills.

Nursing Major Master's program

Enrollment capacity: 15; term of study: 2 years (for a master's degree)

This program trains clinical nurse specialists (CNS) and develops researchers interested in pushing nursing forward.

Nursing Major Doctoral program

Enrollment capacity: 3; term of study: 3 years (for a PhD)

Using the nursing knowledge and skills that they have acquired in the master's program, students in the doctoral program gain new specialized knowledge and begin building careers as academic researchers active in the international arena.

Cooperative Doctoral Program for Disaster Nursing 5 years; PhD

Enrollment capacity: 2; term of study: 5 years (for a PhD)

This program nurtures global leaders with the ability to deal with and solve problems in the field of disaster nursing—a discipline that continues to play an increasingly important role around the world—and apply practical and educational research-oriented skills.

Clinical nurse specialist (CNS) courses

These courses cover nine themes: cancer nursing, chronic nursing, critical care nursing, pediatric nursing, psychiatric nursing, family nursing, community nursing, home care nursing, and gerontological nursing.

Research courses

Students in the research courses can pursue studies in five areas: adult nursing (chronic term), pediatric nursing, family nursing, community nursing, and nursing administration.

Practical leader courses

In these courses, students can learn clinical nursing or regional health while they continue to work in their professions.

A new way to learn: The Disaster Nursing Global Leader Degree Program

This program is a joint effort uniting the University of Kochi, the University of Hyogo, Chiba University, Tokyo Medical and Dental University, and the Japanese Red Cross College of Nursing.



Itoko Takamatsu
Master's program in Nursing at the Graduate School of Nursing

Enrolled in April 2015

How my encounters help me take a new look at myself and my perspective on nursing

I decided to enroll in the Graduate School because I knew I had to have a stronger foundation of knowledge and develop the ability to communicate my ideas more effectively. With that expertise, I'll be able to share my views on nursing for children and families with my co-workers and doctors at the pediatric hospital where I work. Studying in the Graduate School allows me to encounter so many different theories, studies, fellow students, professors, and training specialists, giving me valuable opportunities to assess my perspective on nursing—and understand myself better, too. After I graduate, I'm hoping to reinvest what I've learned in how I provide nursing care to children and families.



Sachiko Hirono
Doctoral program in Nursing at the Graduate School of Nursing

Enrolled in April 2014

What moving on to graduate studies means to me

Although my experiences in clinical, community, and educational nursing after college gave me a lot of opportunities to apply my skills in a wide array of applications, I couldn't figure out what I needed to do more of or what would be the most effective way of using my abilities. Then along came an opportunity to study nursing in a doctoral program at my alma mater—so I took it. As nursing patients continue to grow more and more diverse, the time I spend in my program hearing what nursing professionals—including my fellow students—have to say, studying in the library, and experiencing everything else that comes along with my studies is going to be a major asset for my future.



Megumi Nishigawa
Miho Morosawa

Cooperative Doctoral Program for Disaster Nursing at the Graduate School of Nursing

Enrolled in April 2014

Working to become global leaders in disaster nursing

Nishigawa: After I completed my undergraduate degree, I started to learn about acute-phase medical care and eventually decided to pursue further studies in a graduate setting. The University of Kochi Graduate School emphasizes connections with the community and does a lot of work on major earthquakes in the Nankai Trough, so it's a great place for me to learn about the optimal responses to what goes on in disaster nursing and develop the skills to solve problems.
Morosawa: My experiences with nursing in developing countries and helping out with the disaster relief efforts in Fukushima got me interested in disaster nursing—an enthusiasm that led me to become a graduate student at the University of Kochi. My classmates come from a wide range of undergraduate programs and backgrounds, which makes every day a really stimulating experience. After I graduate, I'm hoping to serve others around the world in a variety of capacities as a disaster nursing specialist.



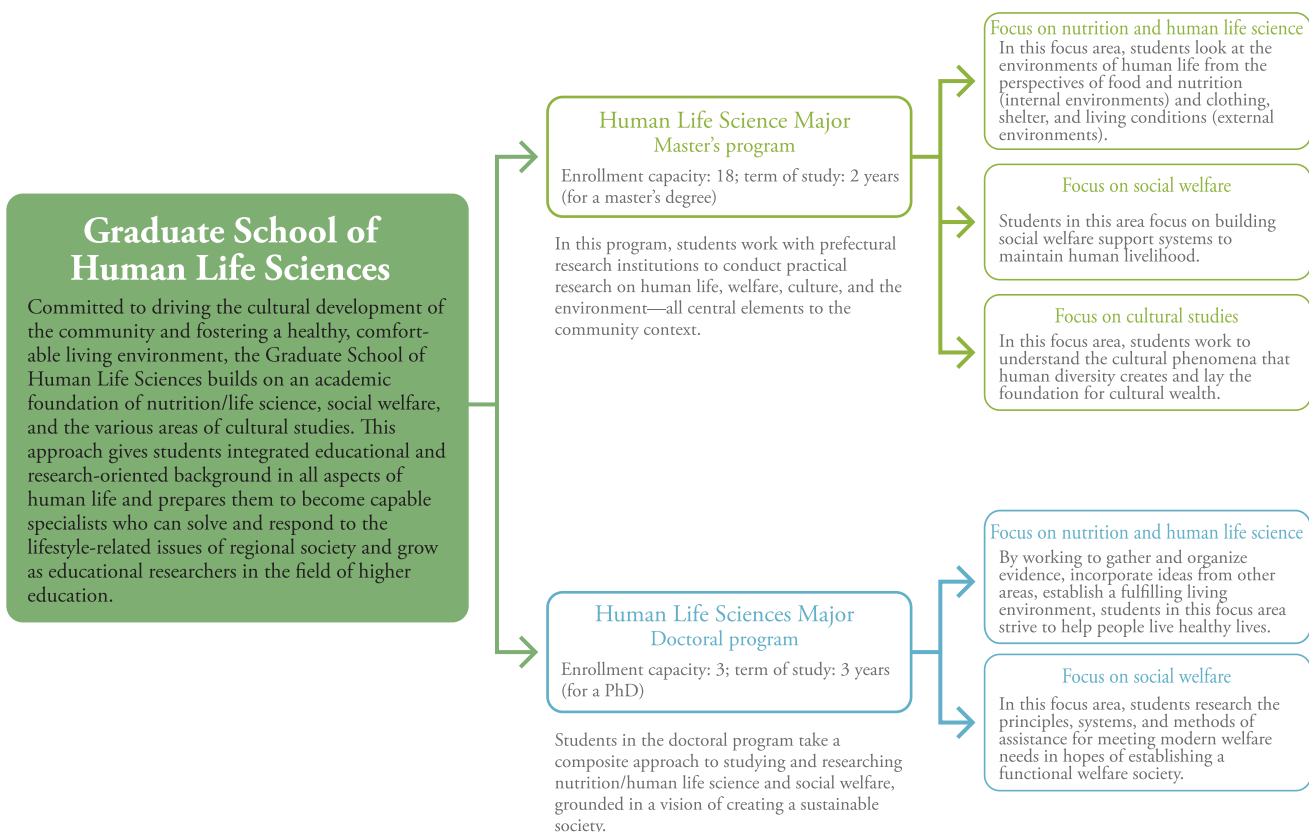
Sae Yamamoto
Nursing educator

Aki Junior High School
Master's program in Nursing at the Graduate School of Nursing
Graduated in March 2015 with a master's degree in Nursing

Working in education, I want to deal with children and families on their level

I started to have doubts about how well I was applying my skills as an educator and gradually came to the realization of how important it is to look at children's health from a social, lifestyle-oriented perspective. I needed to be able to support children's families on an equal, person-to-person basis, so I decided to go back to school and learn how. As I studied in the Graduate School, I was always amazed at how my whole world would change when theory and practice came together. It was hard balancing my work and school responsibilities, but the two years I spent at the University of Kochi were integral in helping me reflect on myself. Nursing is my identity—and I know that nursing represents the core of my educational approach. Standing firm in that conviction, I'm looking forward to guiding children along the path of mental and physical growth.

If you want to know more and delve deeper, the University of Kochi has the instructors to guide you along your journey and the environment to liberate your learning.



Chihiro Morioka
Master's program in Human Life Sciences at the Graduate School of Human Life Sciences
Enrolled in April 2015

The rewards of studying in the Graduate School of Human Life Sciences

Since I graduated from the Faculty of Social Welfare at Kochi Women's University (now the University of Kochi), I've been working as an instructor at a technical school for training certified care workers. Balancing my work and my studies can be tough at times, but it's always a joy to be able to learn about the things I'm really interested in. Another exciting thing about being in the program is spending time with my fellow graduate students—they have so many different stories and experiences to share. I'm looking forward to seeing my new expertise and experiences help me in the future.



Yasufumi Kouchi
Doctoral program in Human Life Sciences at the Graduate School of Human Life Sciences
Enrolled in April 2014

A Graduate School that forges bonds between research and practical application

I teach at a school for aspiring certified care workers. As a student in the Graduate School, I focus my research on the concepts behind human resource development for long-term care. "Graduate school" and "research" might sound pretty stiff and formal, but talking with my professors and fellow students has shown me that the graduate school environment actually makes it possible to see things more flexibly and freely—and that perspective goes into teaching practice. As I keep incorporating my research findings into my work, my main goal is to help develop high-quality welfare specialists. The University of Kochi Graduate School does so much to make sure that non-traditional students like me can learn comfortably and easily.



Sanae Yamada
Registered dietitian at Ehime University Hospital
Master's program in Human Life Sciences at the Graduate School of Human Life Sciences
Graduated in September 2015
Master of Human Life Science

Balancing work, childcare, and academics to make the most out of an incredible learning environment

I'm a registered dietitian at a hospital. When my supervisor—who graduated from the University of Kochi Graduate School—suggested that I continue my studies, I decided to enroll in the Graduate School and do a field survey on the nutritional management of home-bound cancer outpatients. For me, as a professional dietitian, being able to research something that I deal with in my work life was a big draw. I had my second child during my second year of graduate studies. Finding a way to take care of my baby and do my academic work at the same time was a big challenge, but everything worked out thanks to my family's support, the University of Kochi's flexible options for working professionals, and my professors' commitment to guiding me along toward my goals. Drawing on all that encouragement, I'm determined to make the most of what I've learned through my graduate studies when I go back to work.

Embrace real learning!
 Knowing the world means knowing how Japan fits into the global context.
 Take the first step in becoming a global citizen, ready to thrive in the world of tomorrow.

International exchange

In order to develop human resources who understand other cultures, see the world from a global standpoint, and utilize a refined international way of thinking, the University of Kochi makes international exchange an important part of its educational approach. The University has international exchange agreements with eight universities around the world, creating a mutually beneficial study abroad framework with our partner institutions.

International students take regular classes, get hands-on experience in various programs, and encounter the natural world around them. The University also opens these programs and activities to regular students, driving interpersonal and international exchange.

International exchange partner universities

University	Partners since	Available Slots
Elms College	United States October 1998	1 year; 1 student/short-term program; 10 student
Tourism Institute of Beijing Union University	China November 2006	1 year; 2 students
Wenzao Ursuline University of Languages	Taiwan January 2007	1 year; 2 students
California State University, Northridge (CSUN)	United States July 2008	1 year; small number of students
Ca'Foscari University of Venice	Italy December 2011	3 months; 5-10 students
University of California, San Francisco (UCSF)	United States March 2012	Academic exchange
Universiti Malaysia Sabah	Malaysia November 2012	3 months; small number of students
Universitas Gadjah Mada	Indonesia November 2013	Academic exchange



Muroto Global Geopark



Ino-cho Paper Museum

I went abroad!



Miyu Niike
 Fourth-year student in the Faculty of Cultural Studies

Wenzao Ursuline University of Languages, Taiwan
 September 2014–July 2015

The year I spent studying abroad in Taiwan was a transformative experience for me. Not only did I get to meet students from around the world, but I also got to experience things I wouldn't have ever been able to do in Japan. Overall, my time in Taiwan gave me a better ability to look at things from a levelheaded, broader perspective. I've got a clearer idea of my future now, too—I know what I want to do and what I need to do to make that happen. I'll always treasure everyone I met and everything I experienced in Taiwan. I'm as excited as ever to keep pursuing my studies.



Kuroson River Water Park

The Community Center for the Advancement of Education and Research

Our principles and goals

The Community Center for the Advancement of Education and Research was created to join forces with local residents in helping the community cultivate, communicate, and create knowledge. Comprising the General Education Committee, Lifelong Learning Committee, Career Support Committee, Industry-Government-Academia Research Committee, and Community Issue Research Committee, the Center aims to give the community resources for lifelong learning, drive the development of community-based career education, and encourage members of the industrial, government, and academic sectors to engage in joint research.



Yasuharu Kiyohara Center Director

A vital force in linking the community and the University, the Community Center for the Advancement of Education and Research strives to make valuable contributions to various community activities.

The Center's five committees

General Education Committee

The General Education Committee plans and runs programs for liberal arts education and teacher-training courses on a school-wide basis in order to improve the educational quality that the University of Kochi offers.

Lifelong Learning Committee

The Lifelong Learning Committee develops projects for helping community residents deepen their knowledge and engages in other activities aimed at improving education in the area.

Career Support Committee

The Career Support Committee enhances career education and job-placement support for students and helps residents of Kochi Prefecture develop their careers.

Industry-Government-Academia Research Committee

The Industry-Government-Academia Research Committee supports the research activities of local residents and promotes collaborative studies linking members of the industrial, government, and academic spheres.

Community Issue Research Committee

The Community Issue Research Committee works with local governmental agencies and civic support organizations to drive research on solutions to community issues.

The Wellness and Longevity Center

Our principles and goals

The Wellness and Longevity Center acts as a task force to make Kochi Prefecture the healthiest, longest-living prefecture in the country. Determined to build a society where people have the ability to create healthy lifestyles on their own initiative, we collaborate with the Kochi Health Sciences Center, other medical institutions, and municipal governments in the prefecture on a variety of projects. In the 2015 academic year, the University created a course to train home-visit nurses in Kochi Prefecture's semi-mountainous areas in hopes of bolstering the field of home-visit nursing.



Mitsunori Ikeda Center Director

Working with relevant departments and offices throughout the University, we strive to promote health and longevity in the community and help health professionals hone their skills. We hope that we can contribute in making Kochi Prefecture the model for health and longevity in Japan by pursuing research, training, and policies on wellness and longevity from our offices on the Ike Campus.

What we do

Health welfare awareness programs

Professional development programs

Professional skills development programs (joint efforts with the Kochi Health Sciences Center)

Community-based programs for promoting wellness and longevity



Participants at an interactive seminar

The Tosakko medical checkup zone





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